

Table 1.1 Interpreting AUDIT-C Plus 2 Screening Results

Screening Measure	Screening Results	Interpretation	Clinical Guidance
AUDIT-C (0-12 points)	Women: < 3 points Men: < 4 points	Negative Screen — lowest risk (if no contraindications for drinking or cannabis use)	<ul style="list-style-type: none"> Consider offering positive feedback and educating patients who drink and use cannabis about: <ul style="list-style-type: none"> Recommended drinking limits²⁷ Low-risk cannabis use.²⁸ Health risks of alcohol (e.g. cancers, driving after drinking, pregnancy or planning)²⁹ and cannabis use (e.g. impaired driving, use disorder).²⁸
Cannabis question (0-4 points)	0-1 points (0 or < monthly)		
Other drugs question (0-4 points)	0 points (no use)		
AUDIT-C (0-12 points)	Women: 3-6 points Men: 4-6 points	Positive Screen — drinks or uses cannabis regularly, at levels that can impact health	<ul style="list-style-type: none"> Brief counseling per Key Elements in a patient-centered manner consistent with motivational interviewing: <ul style="list-style-type: none"> Begin conversation, build rapport Provide feedback on screening Provide advice or recommendation Support patient in setting a goal and/or making a plan
Cannabis question (0-4 points)	2-3 points (monthly or weekly)		
AUDIT-C (0-12 points)	≥ 7 points ^{30, 31}	High Positive Screen — drinks, uses cannabis and/or other drugs at a level that is more likely to impact health and therefore needs further assessment	<ul style="list-style-type: none"> Elicit symptoms (Change #2) Ongoing brief counseling (Change #3) Manage alcohol and/or other drug use disorders (Change #4) Follow-up monitoring of use and symptoms and progress towards goal (Change #5)
Cannabis question (0-4 points)	4 points (daily or almost)		
Other drugs question (0-4 points)	1-4 points (any use)		