What to DO if you or someone you care about receives a denial for behavioral health care coverage...

## Always Request:

- the reason for a denial AND
- the medical necessity criteria.

Obtain a description of your benefits.

If you have questions about your rights and protections under the Parity Act... Contact the Colorado Division of Insurance or file a complaint through their website at insurance@dora.state.co.us

OR

Contact Behavioral Health
Ombudsman of Colorado:
ombuds@bhoco.org
or call 303-866-3083
website: www.bhoco.org.

COLORADO COALITION for PARITY